



# Holy Trinity PE Long Term Plan – Secondary

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Y7</b>	<b>ALL</b> - Baseline Assessment <b>GIRLS</b> – Netball/Volleyball <b>BOYS</b> – Football <b>ALL</b> - Dance	<b>GIRLS</b> – Football & Hockey/Badminton/Dance <b>BOYS</b> – Football Badminton/ Rugby/Dance <b>ALL</b> - Volleyball <b>ALL</b> – House Competitions Week	<b>GIRLS</b> – Gymnastics, Dance, Badminton/Handball & OAA <b>BOYS</b> – Alternative Games, Volleyball / Badminton & Rugby/ Trampolining <b>BOYS</b> – Badminton / Basketball, Handball, Alternative Games & OAA/Trampolining		<b>ALL</b> – Athletics	<b>ALL</b> – Striking & Fielding Games / Tennis
<b>Y8</b>	<b>ALL</b> – Fitness <b>GIRLS</b> - Netball/Badminton/Dance /Fitness <b>BOYS</b> – Football/Rugby Volleyball/Badminton	<b>GIRLS</b> – Football & Hockey <b>BOYS</b> – Basketball & OAA <b>BOYS</b> – Rugby <b>ALL</b> – House Competitions Week	<b>GIRLS</b> – Gymnastics & Dance <b>BOYS</b> – Alternative Games & Volleyball / Badminton <b>BOYS</b> – Badminton / Basketball/Trampolining	<b>GIRLS</b> – Badminton & OAA <b>BOYS</b> – Rugby <b>BOYS</b> – Alternative Games & OAA	<b>ALL</b> – Athletics	<b>ALL</b> – Striking & Fielding Games / Tennis
<b>Y9</b>	<b>ALL</b> – Fitness <b>GIRLS</b> – Netball/Dance <b>BOYS</b> – Football/Badminton /Volleyball	<b>GIRLS</b> – Football & Hockey <b>BOYS</b> – Basketball & OAA Rugby <b>ALL</b> – House Competitions Week	<b>GIRLS</b> – Gymnastics & Dance <b>BOYS</b> – Alternative Games & Volleyball / Badminton <b>BOYS</b> – Badminton / Basketball & Football	<b>GIRLS</b> – Badminton & OAA <b>BOYS</b> – Rugby/Handball <b>BOYS</b> – Alternative Games & OAA	<b>ALL</b> – Athletics	<b>ALL</b> – Striking & Fielding Games / Tennis
<b>Y10</b>	<b>Girls</b> – Indoor Games <b>Boys</b> – Outdoor Games	<b>Girls</b> – Outdoor Games <b>Boys</b> – Fitness	<b>Girls</b> – Outdoor Games <b>Boys</b> – Indoor Games	<b>Girls</b> – Indoor Games <b>Boys</b> – Outdoor Games	<b>ALL</b> – Athletics	<b>ALL</b> – Striking & Fielding Games / Tennis
<b>Y11</b>	<b>Girls</b> – Indoor Games <b>Boys</b> – Outdoor Games	<b>Girls</b> – Outdoor Games <b>Boys</b> – Fitness	<b>Girls</b> – Outdoor Games <b>Boys</b> – Indoor Games	<b>Girls</b> – Indoor Games <b>Boys</b> – Outdoor Games	<b>ALL</b> – Athletics	<b>ALL</b> – Striking & Fielding Games / Tennis