



# Holy Trinity

## RSHE – Secondary Planning

RSE is taught within RE lessons

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y7	Session 1 – Who am I?	<ul style="list-style-type: none"> <li>Session 2 – Changing bodies</li> </ul>	<ul style="list-style-type: none"> <li>Session 3 – Healthy inside and out.</li> </ul>	<ul style="list-style-type: none"> <li>Session 4 – Where we come from</li> </ul>	<ul style="list-style-type: none"> <li>Session 5 – Family and friends</li> </ul>	<ul style="list-style-type: none"> <li>Session 6 – My life on screen</li> <li>Session 7 – Living in the wider world</li> </ul>
Y8	Session 1 – Created and chosen	<ul style="list-style-type: none"> <li>Session 2 – Appreciating differences</li> </ul>	<ul style="list-style-type: none"> <li>Session 3 – Feelings</li> </ul>	<ul style="list-style-type: none"> <li>Session 4 – Before I was born</li> </ul>	<ul style="list-style-type: none"> <li>Session 5 – Tough relationships</li> </ul>	<ul style="list-style-type: none"> <li>Session 6 – Think before you share</li> <li>Session 7 – Wider world</li> </ul>
Y9	Session 1 – The search for love	<ul style="list-style-type: none"> <li>Session 2 – Love people, use things</li> </ul>	<ul style="list-style-type: none"> <li>Session 3 – In control of my choices</li> </ul>	<ul style="list-style-type: none"> <li>Session 4 – Fertility and contraception</li> </ul>	<ul style="list-style-type: none"> <li>Session 5 – Marriage</li> </ul>	<ul style="list-style-type: none"> <li>Session 6 – One hundred percent</li> <li>Session 7 – Knowing my rights and responsibilities</li> </ul>
Y10	<ul style="list-style-type: none"> <li>Session 1 – Authentic Freedom</li> <li>Session 2 – Self image</li> </ul>	<ul style="list-style-type: none"> <li>Session 3 – Values, attitudes and beliefs</li> <li>Session 4 – Parenthood (personal relationships)</li> </ul>	<ul style="list-style-type: none"> <li>Session 5 – Pregnancy and abortion (life cycles)</li> <li>Session 6 – Abuse</li> </ul>	<ul style="list-style-type: none"> <li>Session 7 – Solidarity</li> <li>Session 1 (Y11) – Self-Worth</li> </ul>	<ul style="list-style-type: none"> <li>Session 2 (Y11) – Addiction</li> <li>Session 3 (Y11) – Eating disorders</li> </ul>	<ul style="list-style-type: none"> <li>Session 4 (Y11) – Birth control</li> <li>Session 5 – Pornography (Y11)</li> <li>Session 6 (Y11) – STI's</li> <li>Session 7 – Coercive control (Y11)</li> </ul>
Y11						