

Holy Trinity Health & Social Care – Secondary

This subject is not offered at Key Stage 3

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y10	Component 1: Human	Component 1: Human	Component 1:	PSA planning and	Component 2:	Component 2:
	Lifespan	Lifespan	Human Lifespan	completion	Health and Social	Health and Social
	Development	Development	Development		Care Services and	Care Services and
					Values	Values
	Learning outcome, A -	Learning outcome, A -	Learning Outcome B			
	Understand human	Understand human	- Understand how		Learning outcome, A	Learning outcome, B
	growth and	growth and	individuals deal with		- Understand the	- Understand the
	development across	development across	life events.		different types of	skills, attributes and
	life stages and the	life stages and the			health and social	values required to
	factors	factors	Component 1:		care services and	give care
	that affect it.	that affect it.	Human Lifespan		barriers to	
			Development		accessing them	
			Learning Outcome B			
			- Understand how			
			individuals deal with			
			life events.			
Y11	Component 2: Health	PSA planning and	Component 3:	Component 3:	Exam revision/Consolidation for external	
	and Social Care	completion	Health and	Health and	exam	
	Services and Values		Wellbeing	Wellbeing		
	Learning outcome, B -		Factors affecting	C2		
	Understand the skills,		health and wellbeing	Recommendations		
				and actions to		

attributes and values	How factors can	improve health and	
required to give care	affect an individual's	wellbeing	
	health and wellbeing		
	positively or	Component 3:	
	negatively.	Health and	
		Wellbeing	
	Component 3:		
	Health and	The factors that	
	Wellbeing	affect health and	
		wellbeing, learning	
	Physiological	about	
	indicators	physiological and	
	How physiological	lifestyle indicators,	
	indicators are used	and person-centred	
	to measure health.	approaches to make	
		recommendations to	
	Interpreting health	improve an	
	and lifestyle	individual's health	
	indicators	and wellbeing.	
	How lifestyle choices	Making connections	
	determine physical	between health and	
	health.	wellbeing	
	Component 3:		
	Health and		
	Wellbeing		
	C1 Person-centred		
	approach		
	The use of the		
	person-centred		
	approach in health		

	and social care settings.		