



Holy Trinity

Health & Social Care – Secondary

This subject is not offered at Key Stage 3

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y10	<p>Component 1: Human Lifespan Development</p> <p>Learning outcome, A - Understand human growth and development across life stages and the factors that affect it.</p>	<p>Component 1: Human Lifespan Development</p> <p>Learning outcome, A - Understand human growth and development across life stages and the factors that affect it.</p>	<p>Component 1: Human Lifespan Development</p> <p>Learning Outcome B - Understand how individuals deal with life events.</p> <p>Component 1: Human Lifespan Development</p> <p>Learning Outcome B - Understand how individuals deal with life events.</p>	<p>PSA planning and completion</p>	<p>Component 2: Health and Social Care Services and Values</p> <p>Learning outcome, A - Understand the different types of health and social care services and barriers to accessing them</p>	<p>Component 2: Health and Social Care Services and Values</p> <p>Learning outcome, B - Understand the skills, attributes and values required to give care</p>
Y11	<p>Component 2: Health and Social Care Services and Values</p> <p>Learning outcome, B - Understand the skills,</p>	<p>PSA planning and completion</p>	<p>Component 3: Health and Wellbeing</p> <p>Factors affecting health and wellbeing</p>	<p>Component 3: Health and Wellbeing</p> <p>C2 Recommendations and actions to</p>	<p>Exam revision/Consolidation for external exam</p>	

	<p>attributes and values required to give care</p>		<p>How factors can affect an individual's health and wellbeing positively or negatively.</p> <p>Component 3: Health and Wellbeing</p> <p>Physiological indicators How physiological indicators are used to measure health.</p> <p>Interpreting health and lifestyle indicators How lifestyle choices determine physical health.</p> <p>Component 3: Health and Wellbeing</p> <p>C1 Person-centred approach The use of the person-centred approach in health</p>	<p>improve health and wellbeing</p> <p>Component 3: Health and Wellbeing</p> <p>The factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing. Making connections between health and wellbeing</p>	
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