



HOLY TRINITY

PSHE Long Term Plan Primary

Ongoing – British Values (Tuesday worship), Visits/Visitors (Fire Safety, Water safety, Crucial Crew), adapting/extra lessons when issues are raised, Anti-Bullying Week, Road Safety Week.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Begin to know how to play and interact with others. Know the importance of good hygiene. Learn to respect the environment. Learn how to toilet independently.	To know the difference between good and bad choices To show respect 'kind hands'.	Learn about family life and how to care for pets. Learn how to put their coat on.	Know how to care for the environment by growing plants and flowers.	To be aware of how we care for creatures in the environment.	Prepare for transition into Reception by being more independent.
Reception	Rules/routines of the classroom of the setting, rewards and consequences of behaviour. Learn to respect the environment.	Learn to be resilient and how to express their emotions appropriately.	To be independent and to know that their ideas and opinions are important.	To look after all of God's creatures and plants in our wonderful world.	Learn how to care for living creatures – butterflies, chicks.	Know that we are all unique, important and different. Prepare for transition into Year 1. Learn about healthy choices inc hygiene, food, exercise and safety.
Year 1	Keeping/Staying Safe – Road Safety	Keeping/Staying Healthy – Washing Hands	Relationships – Friendships	Being Responsible – Water spillage Feelings and emotions – Jealousy	Computer Safety – Online Bullying	Our World – Growing in Our World
Year 2	Keeping/Staying Safe – Tying shoelaces Hazard Watch – Is it safe to eat or drink? Is it safe to play with?	Keeping/Staying Healthy – Healthy Eating, Brushing Teeth	Relationships – Bullying, Body Language	Being Responsible – Practice makes perfect, Helping someone in need Feelings and emotions – Worry, Anger	Computer Safety – Image sharing, Computer Safety, Documentary	Our World – Living in Our World, Working in Our World

Year 3	Keeping/Staying Safe – Leaning out of Windows	Keeping/Staying Healthy – Medicine	Relationships – Touch (extra lesson on PANTS)	Being Responsible – Stealing Feelings and emotions – Grief	Computer Safety – Making Friends Online	Our World – Looking After Our World
Year 4	Keeping/Staying Safe – Cycle Safety Keeping/Staying Healthy – Healthy Living	Growing and Changing – Relationships Being Responsible – Coming Home on Time	Feelings and emotions – Jealousy	Computer Safety – Online Bullying	The Working World – Chores at Home	A World Without Judgement – Breaking Down Barriers
Year 5	Keeping/Staying Safe – Peer Pressure Keeping/Staying Healthy – Smoking	Computer Safety – Image Sharing	Feelings and emotions – Anger	The Working World – Enterprise	Being Responsible – Looking out for Others	A world without Judgement – Inclusion and Acceptance Growing and Changing – Our bodies,
Year 6	Keeping/Staying Safe – Water Safety Keeping/Staying Healthy – Alcohol Growing and Changing – Our bodies		Being Responsible – Stealing Feelings and emotions – Worry Computer Safety – Making Friends Online		The Working World – In-App purchases	A world without Judgement – British Values