



HOLY TRINITY

PSHE Long Term Plan

	Autumn	Spring	Summer
Year 1	Keeping/Staying Safe – Road Safety, Keeping/Staying Healthy – Washing Hands Relationships – Friendships	Being Responsible – Water spillage Feelings and emotions – Jealousy	Computer Safety – Online Bullying Our World – Growing in Our World
Year 2	Keeping/Staying Safe – Tying shoelaces Keeping/Staying Healthy – Healthy Eating, Brushing Teeth Relationships – Bullying, Body Language	Being Responsible – Practice makes perfect, Helping someone in need Feelings and emotions – Worry, Anger	Computer Safety – Image sharing, Computer Safety, Documentary Our World – Living in Our World, Working in Our World
Year 3	Keeping/Staying Safe – Leaning out of Windows Hazard Watch – Is it safe to eat or drink? Is it safe to play with? Keeping/Staying Healthy – Medicine Relationships – Touch (extra lesson on PANTS)	Being Responsible – Stealing Feelings and emotions – Grief	Computer Safety – Making Friends Online Our World – Looking After Our World
Year 4	Keeping/Staying Safe – Cycle Safety Keeping/Staying Healthy – Healthy Living Growing and Changing – Relationships) Being Responsible – Coming Home on Time	Feelings and emotions – Jealousy Computer Safety – Online Bullying	The Working World – Chores at Home A World Without Judgement – Breaking Down Barriers
Year 5	Keeping/Staying Safe – Peer Pressure Keeping/Staying Healthy – Smoking Computer Safety – Image Sharing	Feelings and emotions – Anger The Working World – Enterprise	Being Responsible – Looking out for Others A world without Judgement – Inclusion and Acceptance Growing and Changing – Our bodies
Year 6	Keeping/Staying Safe – Water Safety Keeping/Staying Healthy – Alcohol Growing and Changing – Our bodies	Being Responsible – Stealing Feelings and emotions – Worry Computer Safety – Making Friends Online	The Working World – In-App purchases A world without Judgement – British Values