



Holy Trinity

Health & Social Care – Secondary

This subject is not offered at Key Stage 3

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y10	Component 1: Human Lifespan Development Learning outcome A - Understand human growth and development across life stages and the factors that affect it.	Component 1: Human Lifespan Development Learning Outcome B - Understand how individuals deal with life events.	Component 2: Health and Social Care Services and Values Learning outcome A - Understand the different types of health and social care services and barriers to accessing them.	Component 2: Health and Social Care Services and Values Learning outcome B - Understand the skills, attributes and values required to give care	Component 3: Health and Wellbeing The factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing. Making connections between health and wellbeing	
Y11	Component 3: Health and Wellbeing Factors affecting health and wellbeing How factors can affect an individual's health and wellbeing positively or negatively.	Component 3: Health and Wellbeing Physiological indicators How physiological indicators are used to measure health.	Component 3: Health and Wellbeing C1 Person-centred approach The use of the person-centred approach in health and social care settings.	Component 3: Health and Wellbeing C2 Recommendations and actions to improve health and wellbeing	Consolidation for external exam	

		Interpreting health and lifestyle indicators How lifestyle choices determine physical health.				
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