

Holy Trinity PE Long Term Plan – Secondary

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y7	ALL - Baseline Assessment GIRLS 1 & 2 – Netball BOYS 1 – Football BOYS 2 - Volleyball	GIRLS 1 & 2 – Football & Hockey BOYS 1 – Basketball & OAA BOYS 2 – Rugby ALL – House Competitions Week	GIRLS 1 & 2 – Gymnastics, Dance, Badminton & OAA BOYS 1 – Alternative Games, Volleyball / Badminton & Rugby BOYS 2 – Badminton / Basketball, Football, Alternative Games & OAA		ALL – Athletics	ALL – Striking & Fielding Games / Tennis
Y8	ALL – Fitness GIRLS 1 & 2 - Netball BOYS 1 – Football BOYS 2 - Volleyball	GIRLS 1 & 2 – Football & Hockey BOYS 1 – Basketball & OAA BOYS 2 – Rugby ALL – House Competitions Week	GIRLS 1 & 2 – Gymnastics & Dance BOYS 1 – Alternative Games & Volleyball / Badminton BOYS 2 – Badminton / Basketball & Football	GIRLS 1 & 2 – Badminton & OAA BOYS 1 – Rugby BOYS 2 – Alternative Games & OAA	ALL – Athletics	ALL – Striking & Fielding Games / Tennis
Y9	ALL – Fitness GIRLS 1 & 2 - Netball BOYS 1 – Football BOYS 2 - Volleyball	GIRLS 1 & 2 – Football & Hockey BOYS 1 – Basketball & OAA BOYS 2 – Rugby ALL – House Competitions Week	GIRLS 1 & 2 – Gymnastics & Dance BOYS 1 – Alternative Games & Volleyball / Badminton BOYS 2 – Badminton / Basketball & Football	GIRLS 1 & 2 – Badminton & OAA BOYS 1 – Rugby BOYS 2 – Alternative Games & OAA	ALL – Athletics	ALL – Striking & Fielding Games / Tennis
Y10	Groups 1 & 2 – Indoor Games Groups 3 – Outdoor Games	Groups 1 & 2 – Outdoor Games Groups 3 – Fitness	Groups 1 & 2 – Outdoor Games Groups 3 – Indoor Games	Groups 1 & 2 – Indoor Games Groups 3 – Outdoor Games	ALL – Athletics	ALL – Striking & Fielding Games / Tennis
Y11	Groups 1 & 2 – Indoor Games Groups 3 – Outdoor Games	Groups 1 & 2 – Outdoor Games Groups 3 – Fitness	Groups 1 & 2 – Outdoor Games Groups 3 – Indoor Games	Groups 1 & 2 – Indoor Games Groups 3 – Outdoor Games	ALL – Athletics	ALL – Striking & Fielding Games / Tennis