Holy Trinity PE Long Term Plan – Secondary

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y7	ALL - Baseline Assessment	GIRLS 1 & 2 – Football &	GIRLS 1 & 2 – Gymnastics, Dance, Badminton &		ALL – Athletics	ALL – Striking & Fielding
	GIRLS 1 & 2 – Netball	Hockey	OAA			Games / Tennis
	BOYS 1 — Football	BOYS 1 – Basketball & OAA	BOYS 1 – Alternative Games, Volleyball / Badminton & Rugby BOYS 2 – Badminton / Basketball, Football, Alternative Games & OAA			
	BOYS 2 - Volleyball	BOYS 2 – Rugby				
		ALL – House Competitions				
		Week				
Y8	ALL – Fitness	GIRLS 1 & 2 – Football &	GIRLS 1 & 2 –	GIRLS 1 & 2 – Badminton	ALL – Athletics	ALL – Striking & Fielding
	GIRLS 1 & 2 - Netball	Hockey	Gymnastics & Dance	& OAA		Games / Tennis
	BOYS 1 – Football	BOYS 1 – Basketball & OAA	BOYS 1 – Alternative	BOYS 1 – Rugby		
	BOYS 2 - Volleyball	BOYS 2 – Rugby	Games & Volleyball /	BOYS 2 – Alternative		
		ALL – House Competitions	Badminton	Games & OAA		
		Week	BOYS 2 – Badminton /			
			Basketball & Football			
Υ9	ALL – Fitness	GIRLS 1 & 2 – Football &	GIRLS 1 & 2 –	GIRLS 1 & 2 – Badminton	ALL – Athletics	ALL – Striking & Fielding
'	GIRLS 1 & 2 - Netball	Hockey	Gymnastics & Dance	& OAA	ALL Athleties	Games / Tennis
	BOYS 1 – Football	BOYS 1 – Basketball & OAA	BOYS 1 – Alternative	BOYS 1 – Rugby		Games / Termis
	BOYS 2 - Volleyball	BOYS 2 – Rugby	Games & Volleyball /	BOYS 2 – Alternative		
	BOISE VOILEYBUIL	ALL – House Competitions	Badminton	Games & OAA		
		Week	BOYS 2 – Badminton /	Games & Grat		
			Basketball & Football			
Y10	Groups 1 & 2 – Indoor	Groups 1 & 2 – Outdoor	Groups 1 & 2 – Outdoor	Groups 1 & 2 – Indoor	ALL – Athletics	ALL – Striking & Fielding
	Games	Games	Games	Games		Games / Tennis
	Groups 3 –	Groups 3 –	Groups 3 –	Groups 3 –		
	Outdoor Games	Fitness	Indoor Games	Outdoor Games		
Y11	Groups 1 & 2 – Indoor	Groups 1 & 2 – Outdoor	Groups 1 & 2 – Outdoor	Groups 1 & 2 – Indoor	ALL – Athletics	ALL – Striking & Fielding
	Games	Games	Games	Games		Games / Tennis
	Groups 3 –	Groups 3 –	Groups 3 –	Groups 3 –		
	Outdoor Games	Fitness	Indoor Games	Outdoor Games		