

**Department Name: PHYSICAL EDUCATION**

<p><b>Meet the Department:</b>                  Mr G Kenworthy (Head of PE)                  Miss M Bramley                  Mrs V Burton                  Mr D Hancock                  Mrs J Shaw                  Mr T Smith                  Mr J Shaw</p>		
<p><b>How is the learning organised?</b>  <i>Single sex groups occasionally set</i></p>		
<p align="center"><b>Key Stage 3 Content:</b></p> <p>In each year, a selection from the following are combined to produce a balanced Programme of Study, with lessons taught in blocks ranging from 4 to 6 weeks.</p> <p align="center">Fitness4 (that is fitness for the specified sport) is incorporated into all sessions.</p>		
Year 7	Year 8	Year 9
Athletics Badminton Basketball Cricket Dance Fitness Football Gymnastics Hockey Netball Rounders Rugby Tennis Volleyball Alternative Games (American Football, Aussie Rules, Lacrosse)	Athletics Badminton Basketball Cricket Dance Fitness Football Gymnastics Hockey Netball Rounders Rugby Tennis Volleyball Alternative Games (American Football, Aussie Rules, Lacrosse)	Athletics Badminton Basketball Cricket Dance Fitness Football Gymnastics Hockey Netball Rounders Rugby Tennis Volleyball Alternative Games (American Football, Aussie Rules, Lacrosse)
<p><b>How you can support your child:</b> Encourage ANY form of physical activity such as walking, running, cycling or swimming. Support your child if they want to join a sports club. Even watching sport (live or on TV) can give students a greater insight into how to play, the rules of a game as well as providing role models.</p>		