

OCR National Sports Studies

Subject: Sports Studies

Exam Board: OCR

Head of Department: Mr Kenworthy

Assessment:

Pupils will study two mandatory units and two optional units throughout the duration of the course. Unit R051 is externally assessed in the form of a 1 hour exam in either January or June. Other units are either coursework, or a combination of practical and coursework, based these are internally or core task assessed and externally moderated.

Mandatory Units:

R051: Contemporary issues in sport

In this unit, students learn more about different leadership roles and styles. They will then go onto to plan and deliver effective and safe sessions and evaluate their own performance.

R052: Developing sports skills

Students will develop their skills, techniques and use of tactics/strategies/compositional ideas in both an individual and a team sporting activity. Students will also improve their understanding of the rules to allow them to act in a number of officiating roles within an activity.

Optional Units:

R053: Sports leadership

R054: Sport and the media

R055: Working in the sports industry

R056: Developing knowledge and skills in outdoor activities

Grading:

Pupils aim to achieve a Level 2 qualification that is graded in the following way:

- Distinction*
- Distinction
- Merit
- Pass

These grades when achieved at level 2 equate to grades 9-4 at GCSE.

Key Dates

Exam Series January or June (pupils will be told in advance when they will sit the exam)

Useful Resources

Websites:

- www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/specification-at-a-glance/
- www.skysportsnews.com
- www.bbcbitesize.co.uk
- www.youtube.com

How you can support your child

- Talk to your child about how they are progressing with their assignments throughout the course of the year.
- Encourage them to play sport and take an interest in sporting events / news.
- Support them in their revision for the externally assessed unit.

